

# MARCH 2010



## CORINTH CAFÉ ELEMENTARY LUNCH & BREAKFAST MENU

<p>Did you know that the meals served at school meet New York State and Federal standards?</p> <hr/>  <p>What makes an octopus laugh? Ten- Ticks! (tentacles)</p> <hr/> <p>Go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a> and track your daily food. See how you are doing. Are you getting enough of the recommended daily requirements in your diet? Find menus, games &amp; nutrition information.</p> 	<p>15 Turkey Salad Boat Green Peas Banana</p> <hr/> <p>Cereal Choice Whole Wheat Toast &amp; Margarine</p>	<p>16 Hamburger on a Bun Green Beans Diced Apricots</p> <hr/> <p>Pancakes &amp; Sausage Patty Syrup</p>	<p>17 Pot of Gold Chicken Nuggets Crunchy Broccoli w/ Leprechaun Dip Lucky Coin Cantaloupe Shamrock Cookie</p> <hr/> <p>All You Can Eat Oatmeal Whole Wheat Toast &amp; Margarine</p>	<p>18 <u>Breakfast for Lunch</u> 2 Pancakes w/ Syrup Sausage Patty Potato Patty Applesauce</p> <hr/> <p>Breakfast Pizza</p>	<p>19 Fun Fish Nuggets Mac &amp; Cheese Green Peas Lunch Bunch Grapes “PJ Day”</p> <hr/> <p>Colby Cheese Omelet Whole Wheat Toast with Margarine</p>	<p>Due to some circumstances beyond our control, the menu is subject to change without prior notice.</p> <hr/> <p>Nutritional information is available on our web page.</p> <hr/>
	<p>22 Hot Dog on a Bun Green Beans Apple Minute Maid Juice Bar</p> <hr/> <p>Cereal Choice Whole Wheat Toast &amp; Margarine</p>	<p>23 Chicken Fajita Strips Taco w/ Lettuce, Tomato, Salsa Pineapple Bits</p> <hr/> <p>Waffles Syrup or Applesauce</p>	<p>24 Barb’s Homemade Pizza Golden Corn Orange Smiles</p> <hr/> <p>Blueberry Muffin String Cheese</p>	<p>25 Hot Turkey Sandwich Mixed Vegetables Sliced Peaches</p> <hr/> <p>Breakfast Burrito Salsa</p>	<p>26 Pasta w/ Marinara Sauce Mozzarella Sticks Garden Salad Berries &amp; Cream</p> <hr/> <p>Ham &amp; Cheese Bagel Half</p>	 <p>Do you have a “kid friendly” turkey recipe to share? Send it to Mrs. Snyder. If we can use it, we will put your name on the menu!</p>
	<p>29 Turkey ‘n Dumplings Mixed Vegetables Orange Smiles</p> <hr/> <p>Cereal Choice Whole Wheat Toast &amp; Margarine</p>	<p>30 Hamburger on a Bun Oven Fries Mixed Fruit Frosted Cake</p> <hr/> <p>Pancakes &amp; Sausage Patty Syrup</p>	<p>31 Max Pizza Golden Corn Fresh Apple</p> <hr/> <p>Combo Bar Toast and Margarine</p>	<p>Kids, do you know your student ID number? We are asking that you please practice this number so that your time in line will not be too long. If you are not sure of your number, please contact main office or Mrs. Snyder for help.</p>		

Visit the cafeteria web page at [www.corinthcsd.com](http://www.corinthcsd.com) . Click on Food Services. You can view menus, download an application for free or reduced meals, and view activity on your family’s meal account in School Dining. You can also go to PAYSCHOOLS to prepay for meals online. Contact Linda Snyder, manager at 654-9005 x 3114 or email [Snyderl@corinthcsd.com](mailto:Snyderl@corinthcsd.com) for log in information.